

So you wanna grow a beard?

Can-Do Statement

- I can demonstrate understanding of informational texts regarding health, beauty, and grooming trends.
- I can demonstrate understanding of texts with multi-step instructions related to self care and grooming.

Pre-Activity Self-Reflection

How well do you think that you can engage with the Can-Do Statements listed above?

This is a goal	Can do with help	Can do	Can do well
----------------	------------------	--------	-------------

Instructions

You are a man who has just moved to Portland, and you feel like an outsider because you don't have a beard. You used to have a beard, but it was so tangled and unkempt that you had to shave it off.

Lucky for you, you are in Portland, land of books and land of beards. Please read the article "The User's Guide to Healthy Portland Beards"

(<http://www.pdxmonthly.com/articles/2015/5/7/beard-grooming-may-2015>). As you read, articulate your plan for growing a beard and keeping it nice in the table below.

Beard Grooming Plan

Necessary Grooming step	Frequency	Tools/Materials Needed
1.		
2.	Same	
3.	Same	
Optional Grooming step	Frequency	Tools/Materials Needed
1.	Not mentioned	
2.		

Compare your answers with a partner, then check your work with the answer key.

Post-Activity Self-Reflection

How well were you able to engage with the Can-Do Statements listed above? What was easy for you and what was more challenging? What do you need to do to improve for next time?

This is a goal	Can do with help	Can do	Can do well
----------------	------------------	--------	-------------

